

Youth Program Schedule - Ages 5-8

Parents must manage their child's diabetes throughout the event. Please bring all necessary diabetes supplies, including snacks for lows. Wi-Fi will be available at the hotel.

Kids will also have access to a quiet room with board games and crafts throughout the day.

8:30AM	Youth Program Opens <i>Check in on Lower Level</i>
8:30AM	Fun and Games with Mike Black, Diabetes Destiny
9:30AM	Magic Show by Peter Wood
10:15AM	Mario Kart Tournament
11:55AM	Lunch line up – Kids come up to main ballroom to meet parents
12:00PM	Buffet Lunch (carb counts will be provided)
1:00PM	Superhero Activity with Children's National Psychology Team
1:45PM	Indoor Sports with Playworks
2:45PM	INOVA Diabetes Team Activities
3:30PM	Youth Program Closes Parents must pick up kids on Lower Level

Youth Program Schedule - Ages 9-12

Parents must manage their child's diabetes throughout the event. Please bring all necessary diabetes supplies, including snacks for lows. Wi-Fi will be available at the hotel.

Kids will also have access to a quiet room with board games and crafts throughout the day.

8:30AM	Youth Program Opens <i>Check in on Lower Level</i>
8:30AM	Fitness and Exercise Activities with Cassie Jackson & Stacey Johnson <i>Founders, Countdown to None 5K</i>
9:30AM	Magic Show by Peter Wood
10:15AM	Project Runway with JDRF Young Leadership Committee
11:00AM	Interactive session with Children's National Psychology Team
11:55AM	Lunch line up – Kids come up to main ballroom to meet parents
12:00PM	Buffet Lunch (carb counts will be provided)
1:00PM	Mario Kart Tournament
2:20PM	T1D Role Model talk and activities with Patrick Mertes <i>Founder, Project 50 in 50 and Executive Director of Diabetes Family Camp</i>
3:30PM	Youth Program Closes Parents must pick up kids on Lower Level

Youth Program Schedule - Ages 13-18

Parents must manage their child's diabetes throughout the event. Please bring all necessary diabetes supplies, including snacks for lows. Wi-Fi will be available at the hotel.

8:30AM

Youth Program Opens
Check in on Lower Level

8:30AM

Ice Breakers with JDRF Young Leadership Committee

9:30AM

Coffee and Conversation with Patrick Mertes
Founder, Project 50 in 50 and Executive Director of Diabetes Family Camp

10:30AM

Teen Transitions & Diabetes Tech Q&A

11:55AM

Lunch line up – Teens come up to main ballroom to meet parents

12:00PM

Buffet Lunch (carb counts will be provided)

1:00PM

T1D Role Models Panel hosted by John Boyer, Diabetes Destiny

1:45PM

Movement Session with T1D Trainer Nick Kundrat

2:30PM

Mario Kart Tournament

3:30PM

Youth Program Closes
Parents must pick up kids on Lower Level
